



Avalon Retirement Lodge News

March 2024



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General Manager's Message

Reminder to **ALL** smokers to be only smoking in the smoking area. The smoking area is sectioned off with a blue line. If you aren't in the correct area you will be asked to move to the designated area. Please remember to also dispose of all used cigarettes in the proper ashtray located outside.

We are excited for the first day of spring and hopefully less snow. Please remember to wear proper footwear and be mindful of our changing weather conditions as we transition from winter to spring. I am excited to hear suggestions for the front retention wall garden. If you have a suggestion please let me know.

The shout out board has been a success and we have seen many participants in monthly employee draws.

Thank you !

Wellness Manager's Message

Did you know that Avalon has a preferred pharmacy called SilverFox pharmacy? They offer a home delivery service each evening for our staff to administer medications to residents who participate in this medication administration. If you would like to learn more or are considering transitioning to medication administration by our Wellness team, please let me know and I can provide you with more information.

If your current pharmacy is unable to deliver medication to your home when needed, you might want to consider using SilverFox pharmacy. They offer various packaging options such as vials, packages, or blister packs, and they provide delivery service to the home Monday to Friday evenings. For more information, please call 1-866-305-7369.





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Culinary Comments

Please join us in extending a warm welcome to these new team members! We ask you to be patient as they figure out the dining room and cooking!

We are very excited to have new potato options to serve. We have been serving baked potatoes as well as scallop potatoes! Residents told me they are very happy about this change. The Resident + Food Meeting was excellent this month - we got some great feedback regarding vegetables. We are going to be introducing a cheese sauce for cauliflower and broccoli.

Culinary Manager,
Maria Garisto

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Recreation News & Upcoming Events

Where did February go? I can't believe it is March already!! This month we brought awareness to Black History Month and Chinese New Year. The residents and I had some wonderful educational conversations! We were very fortunate to attend the Orangeville Theatres play "Doris & Ivy"!

We had red and pink day for Valentine's Day! As well as pink shirt day for anti-bullying day! We will be having Green day for St. Patrick's Day this month.

Recreation Coordinator,
Breann Warren



FEBRUARY FUN!





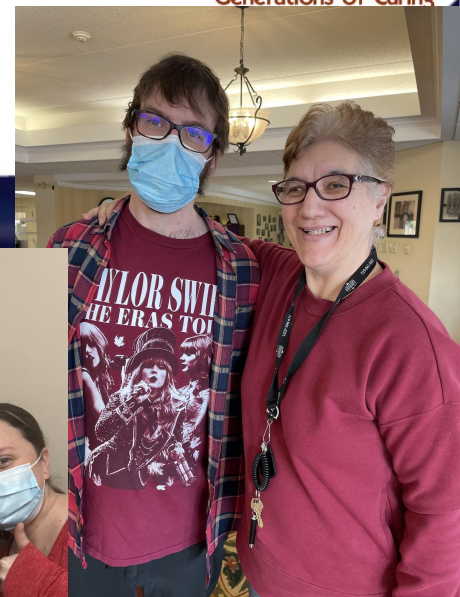
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Good News Stories

On Valentine's Day we dressed in Red and Pink! Our Residents and Staff all really enjoyed dressing up and taking pictures! We had a Valentine's Day musical entertainment as well as the Orangeville Flyers come and give out Valentines Cards to residents !



Let's stay connected!



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THIS MONTHS SHOUTOUT WINNER IS...

COURTNEY & ALLY

THANK YOU FOR FACILITATING THE CODE BLUE!

-JANINE ROSE